



Kuldiga Catherine's Cup in Athletics

REGULATION

1. OBJECTIVE. To promote athletics in Kuldiga district. To promote and strengthen the contact with the neighboring countries.

2. TIME and PLACE. The competition will take place on **January 16, 2016** in **Indoor hall Kuldiga** – Dzirnavu street 13, Kuldiga.

The competition starts at 16:00

3. MANAGEMENT AND ORGANIZATION. The competition is organized and ran by Kuldiga district sports school's athletics department, in cooperation with European Athletic Promotion /EAP/, Latvian Athletics Association /LAA/and Kuldiga City, SC Katrina

Chief Referee - Ilze Stukule ph. +371 29102606

4. PARTICIPANTS. The invited international athletes and teams, as well as best Latvian athletes will take part in the competition.

Please consider this regulation as an official invitation to the competition

5. THE COMPETITION PROGRAM,

Women - 60 m/h, 60 m, 300 m, 1000 m, high jump, long jump

Men - 60 m/h, 60 m, 300 m, 1000 m, pole-vault, long jump

6. EVALUATION. The winners will be determined according to rules of track and field athletics

7. PRIZES.

Athletes who have taken the first, second and third place will be awarded with cups, prizes from sponsors and cash prizes - 150, 100, 50 Euro

Record Indoor hall Kuldiga = 100 Euro

8. APPLICATIONS.

To be sent by January 8, 2016

e-mail istukule@gmail.com

Nr.	Name, Surname	Date of birth	Sports Club	disciplines	Best result in 2015

9. ACCOMODATION AND FINANCIAL CONDITIONS.

Expenses related to the organization of competition and accomodation of invited athletes /EAP members/ are covered by Sports School of Kuldiga district and compensation of travel expenses: 100,- Euro individual athletes; 500, - Euro teams

Other foreign athletes request to write and ask: agriskimbors@gmail.com

/ ph. +371 29471416 /

!!!! Info www.kuldigasports.lv, www.lat-athletics.lv and www.eap-circuit.org